

*"The greatest gift you can give to your child is your time"*



## Elder's Corner

### Message from the Federation Chief

Hau Hau - I hope your spring has sprung and you're gearing up for outdoor activities as the weather warms. I know the spring campout has always been one of our favorites. This year we also get to look forward to skating! Do your best to enjoy the time with your kids. Slow down as much as you can to enjoy the spring and summer.

**Wolf Runner, Doe's Eye, and Tiny Turtle**



## Upcoming Events:

<u>Federation Events</u>	<u>Date</u>
Whirlyball	4/11/15
Roller Skating	4/12/15

## Spring Camp Schedules

<u>Expeditions</u>	<u>Dates</u>	<u>Camp</u>
Oglala / Teton / Wahpekute	May 1-3	MacLean
Pawnee / Sihasapa	May 1-3	Tecumseh
Mdewakanton / Yankton	May 29-31	Tecumseh
Illini / Minneconjou	May 15-17	Tecumseh
Sisseton	May 15-17	Sky Lodge

*All dates are subject to change,  
please confirm with your leadership*

**Early registration date is being pulled in from May 1st to April 1st. What does this mean? Any new member that signs up and pays their registration fee (as early as April 1st) will be eligible for Skating on 4/12, the Spring Campout, and the year end gift. Their registration fee will cover them for the remainder of this year and all of the 2015/16 year.**



# Do you know there are children in the world who don't have enough to eat?

On December 4<sup>th</sup> members the Sauk tribe volunteered at Feed My Starving Children.

First, we watched a movie about Nelson, a boy in Haiti who had few clothes and little to eat. The neat thing about FMSC is we got to pack food for kids like Nelson. We put rice, soy, veggies and vitamins in special bag. We weighed it, the Dads sealed it, and some of us got to pack the bags in boxes.

We put lots of boxes together. With other volunteers we made 69 boxes of food. It was 14, 904 meals! Did you know that's enough to feed 41 children for one year? It's fun to work together to help kids around the world.

If you want to help feed hungry kids go to [www.fmsc.org](http://www.fmsc.org) for more information.

## Sisters of the Sauk from the Sisseton Nation



"I liked helping other kids around the world."  
– Mackenzie, Age 9

"I liked doing something good for the world because some kids in other countries don't have nice homes like we do." – Emma, Age 8

"I liked packing food for kids that don't have food and are starving." – Claire, Age 8

"I liked packing the boxes." – Grace, Age 6



# HELPING AND HAVING FUN!

We got to host! We picked bowling and we bowled at Hawthorn Lanes. We scored spares and strikes. Then we went to Five Below to pick out toys to donate to toys for tots. I picked a hat and slippers as my donations. When we were done we ran to Dunkin Donuts. We got 50 munchkins. Then we all went to the Police Station to drop off our donations. We put our toys in the box and we all hope that the kids like what we gave them so they can have something to play with too. We had a fun time making donations! You should try it someday.

Alyssa Waitzman, 7, Illinois Tribe in the Mdewakanton Nation





# Making Memories

This year is my last year in the Indian Princesses program and this program has been one of the highlights of my life. I always would look forward to meetings, events, and campouts. Some of my favorite things to do with my dad, were the Valentine's day daddy daughter dance, meetings, and sledding. On one of the campouts, we had a western themed activity. We square danced, ate western food, and “shooed the cows.” Another one of my best memories was when we had the great sled race at Camp Duncan. My tribe got into our space shuttle sled, made out of cardboard, and started down the hill. On the last race for the finals, we went sideways and crashed into a pole all tumbling out and rolling down a hill. Luckily we all had helmets on. Even though the sled was trash after that, it was still so much fun. I really hope that everyone in this program and all those thinking to join have as much fun bonding with your dad or daughter as I have had bonding with my dad.

**-Hannah Newman, Tumbling Rose**

**From the Mighty Hoopa of the Sisseton Nation**



# Mighty Hoopa

This year the Tenaya became the Hoopa tribe. We are named after a Native American tribe that is from Northeast California. Hoopa means “People of the Place Where the Trails Return”. Hoopa people have traditionally excelled at basketry, elk horn carving, and since the 17th century, petroglyphs. Hoopa is an amazing tribe!

**We love Indian Guides** because we get to spend a lot of time with our dad. One of our favorite things about Indian guides is that we get to participate in a lot of fun events. The campouts seem to always make our day. Our favorite campout is the winter campout just because of the sledding! We wish that we could stay in Indian Guides forever!



**Jada Jaguar and Little Leopard. We are proud members of the Mighty Hoopa in the Sisseton Nation.**





# Friends Forever

When I first started Indian Princesses I was really scared, but after I got use to it, the girls in my tribe made me feel AWESOME. When I first went roller skating I was super scared. My friends, in my tribe, held my hand when I fell on the floor. At my first campout, I was terrified because it was dark in my cabin, the girl in the bunk next to me said nothing was going to happen, so I felt safe. I love spending time with my dad and it's a great experience. That's why I love Indian Princesses.

**Danika Escobar (Moonlight Blossom) of the Mighty Mattaponi Tribe in the Sisseton Nation**





# WoooHooo!!!!

"For the Winter Campout we made a huge sled. All the girls from Red Fox (Cheyenne in the Sisseton Nation) got in the sled and all the dads gave us a big push. Our sled was super fast and we won the race. Indian princesses is super fun."

Alyssa - Yellow Sun

Anna - Red Rose

"I like being silly and having lots of fun on campouts. I think it is fun being with your friends and your dad. Sometimes it gets pretty loud!"

Rory - Graceful Pony





# Best Campout Ever!

I love Winter CampOut! I always look forward to building and decorating our cardboard sled with my tribe. This year we won the campout awards for fastest sled, longest sled run, and also 'Princesses pull the chief'.

We got to tie-dye t-shirts, try broom-ball on the frozen lake, and also use the giant Toboggan Run! We got to decorate cookies after the CampFire ceremony too. Camp Maclean was really cool - and being part of Suwanee tribe is great!

**-Jenna Roche, Lavenous Leopard, Suwanee Tribe in the Minneconjou Nation**



**This is a photo of my tribe and our sled. I am on the left, in the back row with the bright pink hat. -Jenna Roche**



## Indian Princesses

The most recent camp out that my Dad and I went to was Camp Edwards. I have been in this program since I was in 4th grade, and I am now a Freshman/9th grader. Once I graduated I came back as a mentor for the little kids. When we went to Camp Edwards for the Winter camp out, it was a ton of fun. My Dad and I went up on Friday night and got to stay in a huge Lodge all by ourselves. We played ping pong, carpet ball, talked, played cards, and just hung out. The next morning as people started coming in, we were getting everything set up. It was about lunch time and almost everyone was in the camp. There are a ton of little kids in my tribe so we hung out, played outside and went down the big tube slide. There are just so many fun things to do! Camp Edwards has a skating pond, and I took some of the little girls out and we had so much fun ice skating! Later in the evening we did the snake walk which I love because my Dad lets me carry the torch while we walk. We had a huge council fire, and then it was time for the legendary... STINKY FOOT!!! All the dads had dinner again and talked while the girls ran around playing the game. Sunday everyone is starting to leave and things are winding down a bit. My Dad and I hung around for a little, because it's those moments that you have that just come a bit more rare and cherished when you grow up. The bond that you make in the Indian Guides program will last forever. Whether it's friends that you make along the way, or just getting closer to your dad/mom. Either way the Indian Guides program is amazing and I will never forget the fun times that I've had.

Ferocious Ferret (Anna)

Fox Tribe in the Yankton Nation

## Indian Guides

We recently went to camp Wesley Woods. On Saturday we took cardboard boxes and made a tank track. There were only two boys in our tribe so we combined with Wichita to run the tank tread race and we won out of 8 tribes! Then we shot potato cannons at targets; the targets were giant pieces of cardboard, and I personally missed all 6 of my shots. Then we had our snake walk and I get to beat the tribal drum at all the camp outs this year. We had our council fire inside Stone Lodge because it was so cold out. Almost the whole weekend we played gaga in the indoor gaga pit in Stone Lodge. (I also slept in Stone Lodge.) After dinner we played an Indian Guide trivia game. I was on team #1. And at the end we had our points and we got to risk getting double our points or nothing and we got it right so we came in first and team #2 came in second. PS: It's kind of ironic because team #1 got 1st place, and team #2 came in second. Well that was my time at Wesley Woods.

At the Pinewood Derby we built an orange car with two black stripes down the middle and put "Challenger" on the side and "Hemi" on the front and back because I like that car in real life. Every year my cars get faster, so this year I really wanted to win but was hoping to get in the finals. Well as luck would have it I made it to the finals and won first place! It was fun building the car with my dad and learning how to spray paint.

Tomahawk (Keith)

Munsee Tribe in the Sihasapa Nation



By: Sofia Romeo (Buzzing Bee)

Des Plaines

Minneconjou Nation



## Field Museum

Last weekend we stayed at the Chicago Field Museum and we even spent the night there! First we had to check in at the main desk and there we found out which exhibit we were spending the night at some people were sleeping in the African exhibit while some

people were sleeping in the creepy Egypt exhibit others were even sleeping with dinosaurs! While we were in the museum we had the chance to see a movie about a t-rex named Sue and how they discovered her and there was a whole exhibit on her the movie was called "Waking The T-Rex". There were also three other movies, Ice Age a movie about the ice age, Vodou a movie about Haiti's culture, and finally a movie about Vikings. Our tribe, Des Plaines saw the movie Waking The T-Rex in 3D. Throughout the museum there were many stuffed fake animals that looked super real. The exhibits we visited were Egypt, Africa, Sue exhibit, Viking ship and exhibit, many different types of shoes from now and then from different cultures, there was also an exhibit right when you entered the museum that had many different fossils and different types of animals, there was also an exhibit on Haiti's culture.

The next morning we got up got dressed and did some more exploring. After we were done some people left and had breakfast on the road while others had breakfast there.

All in all, the Field Museum was very exciting and I can't wait to go back. In my opinion, my favorite part of the museum was watching the movie, Waking The T-Rex.



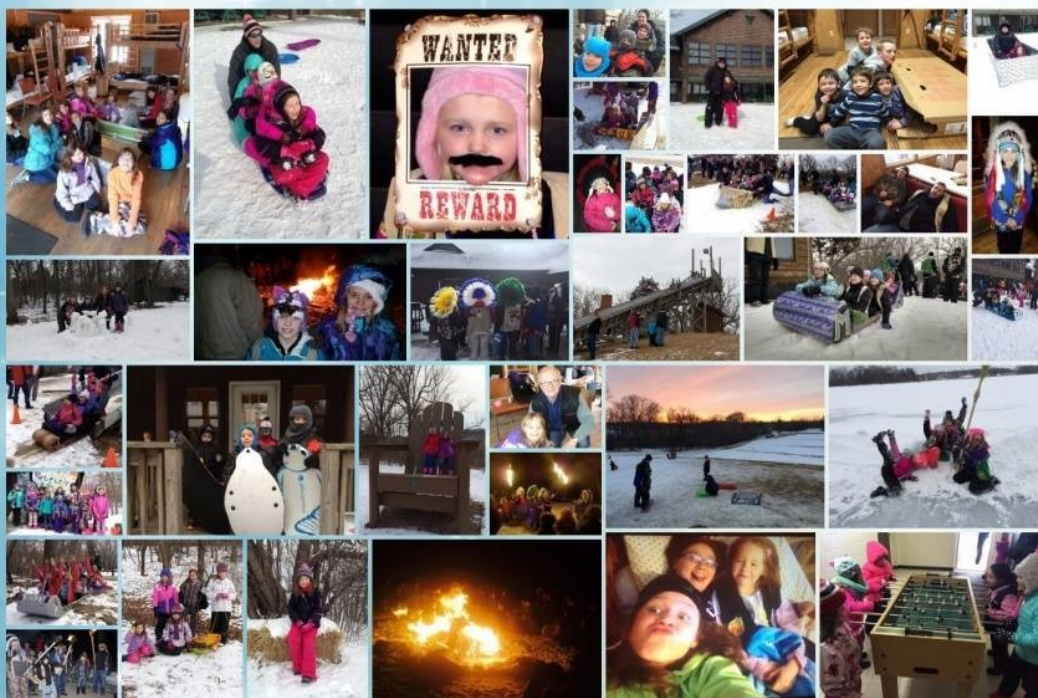
**"SOME PEOPLE WERE SLEEPING IN THE CREEPY EGYPT EXHIBIT"**



**Congratulations to the Kickapoo Tribe in the Minneconjou  
Nation for winning the  
Best Winter Campout Photo contest!**



LAKE PRAIRIE INDIAN  
GUIDES & PRINCESSES



**Our next contest will be for the Best Roller Skating Group Picture!! See you on April 12th!**



Food Pantries, Shelters, Donations; these are just some of the important community give backs that the Lake Prairie Indian Guides and Princesses carry out.

Below is just a sample of the appreciation for all the hard work YOU ALL have done!!!

Avon Community Food Pantry NFP

P O Box 23  
Ingleside IL 6004  
224-338-924

December 17, 2014

Lake Prairie Federation  
P o Box 5304  
Vernon Hills IL 60061

Dear Friends,

On behalf of the **Avon Community Food Pantry** we thank you for your most generous donations to the Avon Community Food Pantry. Your contribution of \$126.00 allows us to buy 1008 pounds of food for **ALSO** help us provide over Christmas & Holiday meals. We truly appreciate your contribution and convey enough how much we truly appreciate you. The Avon Community Food Pantry serve the community.

During the month of November, we were able to provide food for 28,000 people in the township. Last year the Avon Food Pantry was in need from our community and because of people like you, we were able to provide food for 28,000 township residents. Our goal at the food pantry is to make a difference in the lives of our neighbors who require help.

As a donor, you know better than most, the great work that we are always grateful for your partnership. A partnership with local churches or other community organizations is an important part of our story and the good work that is done with the for-profit.

100% of your donation is used to buy food for the Township Center.

My primary role as president is the Director of the Township Center. Our agreement with the Northern Avon Food Pantry.

With gratitude,

Wendy M. Warden  
President  
Avon Community Food Pantry (NFP)  
a501(c)3 Charitable Organization

*Passed Minutes: Wendy M. Warden, Avon Community Food Pantry*



*A Safe Place*

TRANSFORMING LIVES AFTER DOMESTIC VIOLENCE

December 29, 2014

Lake Prairie Foundation  
PO Box 5304  
Vernon Hills, IL 60061

Dear Friends at Lake Prairie Foundation,

On behalf of the thousands of survivors we serve, thank you very much for your generous contribution of \$381 in support of A Safe Place on 11/29/14.

Your gift is saving lives. As you'll read in Tina's story, life is incredibly difficult for victims of domestic violence. Tina was immediately after they were man to a mean, vindictive man who quickly followed. He one of us has to die for it to found A Safe Place and beg through our court advocacy to heal from what her now ex-husband has been in receiving a scholarship to I

Your support helped us make a difference in the lives of victims of domestic violence.

Thank you for being an integral part of our mission.

Sincerely,

*Pat Davenport*

Pat Davenport  
Executive Director

In accordance with current tax laws, we are providing you with a receipt for your contribution.

We're going green! Join our environmental efforts - visit [asafeplacefor.org](http://asafeplacefor.org)



**LIBERTYVILLE TOWNSHIP**

KATHLEEN M. O'CONNOR  
Supervisor

December 2014

Lake Prairie Federation  
P O Box 5304  
Vernon Hills IL 60061

Dear Friends:

The Township has a year-round responsibility to help eligible Township citizens meet their basic living costs through financial assistance and counseling referrals. However, many families also come to us for help with everyday household essentials. Our food pantry is open weekly to meet that need.

Your recent generous cash donation of \$126.00 to the Libertyville Township Food Pantry will assist these families. We are pleased to coordinate this effort and serve the needy in our community.

On behalf of the Township, and our recipients, we send our sincere gratitude for your contribution.

Cordially,

*Kathleen M. O'Connor*

Kathleen M. O'Connor  
Supervisor

KMO/gd

Received \$126.00; check #005259 dated 12/07/14

*Thank you for thinking of the food pantry.*

**THANK YOU!!**



# 7 Aims

Native Americans used feathers to remind themselves of very important things. We use seven different colored feathers to remind us of our very important seven aims.



**White:** Stands for purity. To be clean in body and pure in heart.



**Black:** Represents the Iron-like bond that binds Parent and Child “Friends Forever”.



**Red:** Represents the Heart and the blood tie that command us to love the sacred circle of our family.



**Yellow:** Stands for Brightness or Attentiveness, and respect for others while they are speaking.



**Blue:** Depicts the Sky, which blankets the entire earth. It reminds us that many people live on earth, and we should love our neighbor as our self.



**Purple:** Stands for Compassion or Understanding, and Diversity. It teaches us respect for the traditions and beliefs of all people.



**Green:** Stands for the trees, mountains, and fields with all the Great Spirits creatures. To seek and preserve the beauty of the Great Spirit’s work in forest, field, and stream.



# JOIN the LPF Leadership Team

The following is a list of the Lake Prairie Federation volunteer leadership team. Feel free to reach out to any of these leaders with questions and to inquire on how you can also volunteer to lead this program for the future generations.

Please note the [Open Positions](#), these tasks can be completed in less than a couple hours a month.



POSITION	NAME
Federation Chief	Don Steffen
Assistant Fed Chief	Ron Stanciak
Federation Compass Bearer	John Bates
Assist. Fed. Compass Bearer	Monty Montemayor
Federation Map Maker	Mike Lewis
Assistant Map Maker	<b>** OPEN POSITION **</b>
Federation Outfitter	Steve Duberstein
Assist. Outfitter	<b>** OPEN POSITION **</b>
Treasure Keeper	John Lehocky
Assist. Treasure Keeper	<b>** OPEN POSITION **</b>
Federation Sentinel	Phil Harvey
Assist. Sentinel	Doug Renz
Federation Camp Scout	Jim Filicette
Assist. Camp Scout	David McGaughy
Federation Web Spinner	John Erickson
Assist. Web Spinner	<b>** OPEN POSITION **</b>
Federation Log Keeper	Joseph Bihn
Federation Messenger	Bill Heller
Assist. Messenger	Jeffrey King
Federation Flag Bearer	Leo Cummings
Asst. Flag Bearer	<b>** OPEN POSITION **</b>
Federation Sage (Sachem)	Jim Filicette

Email [lakeprairiefederation@gmail.com](mailto:lakeprairiefederation@gmail.com) for more information