

FOCUS ON COMMUNITY



The 2009-2010 Lake Prairie Federation kicked off the program year with a focus on Community. Throughout the year, members will be encouraged to help neighbors, family, and friends to make their communities the best they can be. The Adventure Guides program has a longstanding history of community service and the involvement of our members in various community and charity efforts has never been higher. We start this year with the opportunity to show our children the importance of citizenship and caring about others in our Community. We'll end the program year with children who will embrace the responsibility of caring for their Community.

Throughout this year, the Pathfinder will focus on various Expeditions' efforts to work in their Communities and improve the lives of others. If you have such a story to share or opportunity for our members to get involved, please share it.

"I am of the opinion that my life belongs to the community, and as long as I live it is my privilege to do for it whatever I can." ~ George Bernard Shaw



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FEDERATION EVENTS CALENDAR

Mark your calendars for these special Federation events. Expeditions will be assigned time slots for the Olympics and Holiday Party.

DATE	EVENT	LOCATION
Sunday October 11, 2009 7:00 PM	Induction Ceremony	Big Bear Lake Vernon Hills, IL
Sunday November 8, 2009 11 AM – 5 PM	Olympics - Princesses	Oak Grove School Green Oaks, IL
Sunday November 15, 2009 11 AM – 5 PM	Olympics – Guides	Oak Grove School Green Oaks, IL
Sunday December 13, 2009 1 PM – 5 PM	Holiday Party	Carmel High School Mundelein, IL

Y-ADVENTURE GUIDES 7 AIMS

1. To be clean in body and pure in heart
2. To be "Friends Always" with my father/mother/son/daughter
3. To love the sacred circle of my family
4. To be attentive while others speak
5. To love my neighbor as myself
6. To respect the traditions and beliefs of all people
7. To seek and preserve the beauty of the Great Spirit's work in forest, field, and stream.



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LAKE PRAIRIE FEDERATION KICK-OFF PARTY IS A GREAT SUCCESS

The Lake Prairie Federation year kicked off with a BBQ party held at Independence Grove in Libertyville, IL. The event drew in excess of 1000 members, many of them new who enjoyed experiencing a Taste of Adventure Guides. The day's events included a sampling of various aspects of the Adventure Guides program including a pinewood derby demonstration courtesy of the Acadia Expedition and a variety of Olympics games. Numerous raffles, crafts tables, a moonwalk, and an inflatable slide kept the event fun-filled for all. The event hosts were the Rocky Mountain and Yosemite Expeditions who did an exceptional job planning and managing the day ensuring everyone had fun. The day concluded with a traditional campout snake dance and council fire led by Federation Chief Jim Erker.



The event would not have been possible without contributions from sponsors including:

- Sunset Foods
- Vienna Beef
- Culvers
- Rocky Mountain Chocolate Factory
- Nice Ice (Antioch, IL)
- Mark Laffredo (DJ)



Please help us show our appreciation to these sponsors by considering them for any future purchase opportunities you may have.

Enjoy some the pictures on this and the following page from the event.

Y Adventure Guides

FEDERATION EVENTS



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ROCKY MOUNTAIN EXPEDITION SUPPORTS FEED MY STARVING CHILDREN

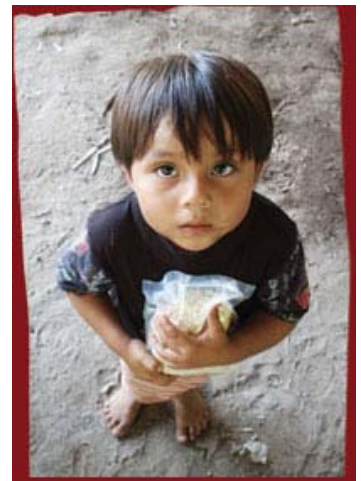


When it comes to supporting the Community and giving of themselves, the Rocky Mountain expedition takes a back seat to no other expedition. Over the past year, the Rocky Mountain members have engaged in activities to support the Libertyville Township Food Pantry, Winchester House Assisted Living Facility, and Autumn Leaves Nursing Home. The Rocky Mountain Expedition will also be entering its 2nd year of supporting Feed My Starving Children. (<http://www.onemillionmeals.info/>).

As Guides and Princesses, we are always looking for opportunities to serve those in need, and this is a wonderful opportunity to do so. Volunteers will work a 2-hour shift on December 4th, 5th or 6th and pack as many meals as possible during that time. Anyone who has participated in this event will tell you how inspiring and hands-on the process is of weighing, mixing, packaging, sealing, counting and boxing the specially-made dry-food mixture. And it's fun! Tribes can form working groups of up to 15 people and compete with each other to see who can pack the most meals in their 2-hour shift.

Feed My Starving Children is a non-profit Christian organization committed to feeding starving children hungry in body and spirit. In cooperation with Holy Cross Lutheran Church of Libertyville and other Lake Country organizations, the Rocky Mountain Expedition will be participating in this event at Lake Country Fairgrounds in Grayslake, IL to pack One Million Meals to be distributed to starving children globally. There is also a goal to raise \$170,000. To achieve this goal, it is estimated that 5000 volunteers are needed.

From its beginnings, Feed My Starving Children (FMSC) has worked to develop a food mixture that would be easy and safe to transport, simple to make with only boiling water, and culturally acceptable worldwide. With the input of scientists from major food companies in the Twin Cities area—including Cargill and General Mills—FMSC developed a formula consisting of Rice, extruded soy nuggets, vitamins, minerals and a vegetarian chicken flavoring, and dehydrated vegetables for flavor and nutrition.



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Packaged in small pouches—each of which provides six highly nutritious meals—this easy-to-prepare food blend has won rave reviews all over the world. While the formula was designed to save the lives of severely malnourished and starving children, the ingredients also improve the health, growth and physical well-being of children who are no longer in immediate danger of starvation. A team of food scientists continues to monitor the FMSC formula to ensure that it meets nutritional needs for the world’s hungry children.

Please visit www.onemillionmeals.info to learn more about this even and to volunteer for a 2-hour shift:

- Watch the 3-minute video that shows a packing event in action.
- Sign up on-line to volunteer—individually, or better yet as a tribe!
- Tell others in your neighborhood, at your school or church, or on your football or soccer team about the event.
- Raise money to contribute to the \$170,000 required to pack 1 million meals.

Every day, thousands of children around the world die from starvation. This is our chance to help those children, and to enable our own children to live by one of the 7 aims—“to love my neighbor as myself”—by participating in this wonderful act of compassion.



If you are interested in supporting this effort, please refer to the website or contact Joe Barry at 847-362-8749 or jbarry138@aol.com.

Joe Barry - “Hawkeye” – Big Horn Tribe – Rocky Mountain Expedition
Jordan Barry - “Golden Eagle” – Big Horn Tribe – Rocky Mountain Expedition
Cosette Barry - “Cyclone” – Wolf Tribe – Yellowstone Expedition

Does your expedition have a Community story to share? Please submit your stories to the Pathfinder to show the Federation how your expedition, tribe, or Family cares about the Community. Be sure to include a reference to the Aim that your story best exemplifies.

HALEKALA FALL CAMPOUT FUN



The fall campout was great. The Hot Lava only had three kids who could come but we still had a lot of fun. We did punt, pass & kick and dodge ball in the afternoon then we hung around the beach. Nick Harvey and I ate some of the food that was left after the dads did the cook off. I really liked the hamburgers and the dip. It was a lot of fun to look for the coins at night. I met some nice kids from the new tribe, Volcano and also had fun with Shawn Neal from the Oheo, who I played football against the week before. Hopefully, the winter campout will be as much fun as the fall campout.

Luke Weiland - Little Badger
Haleakala Expedition - Hot Lava Tribe

SNACK HELPER

In the last tribe meeting, we talked about our good deeds, and I wanted to do something special where I could help in the house.

One day, my Mom was preparing my lunch for school and she was out of ideas for new snacks. Suddenly, I remembered a recipe I saw on a Teddy Grahams box which looked yummy, so I told her my idea and she thought it would be great to prepare some.



We had all the ingredients, so she cut an apple into wedges; later, I spread peanut butter on each and topped them with those tinny cracker bears.

When we were done, my Mom was thankful because of the help and I was happy for having such delicious and healthy snacks!!

Fernanda Vega– Rainbow
Denali Expedition – Heron Tribe

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YOUR LETTERS

ARACHNOPHOBIA.....NOT

A couple months ago, some of the Indian Princesses slept over at the Field Museum in Chicago. It was a blast! Our tribe, the Heron, slept by the totem poles, while other tribes slept somewhere else. Some people even slept in the Dinosaur exhibit! In the evening you walk around the museum and do crafts and other things. There was a person with a live tarantula and I got to hold it. The tarantula was bigger than a spider and it was furry. In the museum there were lots of exhibits. There was a section about shoes! Another exhibit was about Native Americans. Of course, there was a Dinosaur exhibit and one about Prehistoric animals like a giant sloth and a woolly mammoth. The YMCA Adventure Princesses had tons of fun at the Field Museum of Chicago.



Gabby Gaidamak - Busy Beaver
Denali Expedition – Heron Tribe

HOW INDIAN PRINCESSES HELPS ME MEET NEW FRIENDS!

This is how I met my new friend Elena! There was a new family that moved in down the block from us and they have a daughter named Elena. They happened to move near another family that was in the Indian Princess program many years ago and they told Elena's Dad to come and talk to us about how much we liked being in the tribe.



I told them that it was the best and that my dad and I got to do many things together like camp outs, roller staking, meetings with other friends. Elena's Dad was excited and said he would join the tribe. My dad told him after the family got back from camping we would come over and help them join, that is when I got to meet my new friend and new member of the Mighty Heron Tribe, Elena!

Morgan Millunchick
Denali Expedition – Heron Tribe

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YOUR LETTERS

LITTLE FLOWER IS LOOKING FORWARD TO WELCOMING PURPLE STAR

I'm glad my daddy and me signed up for Adventure Princesses. I have made new friends. At the meetings, we get to play games and do arts & crafts projects. I love art. I learned that it's important to respect my parents and teachers, and help other people. We talk about that when all of us give wampum and say a good deed that we did. I also like having snacks. I can't wait till my sister Hannah is old enough so she can join daddy and me. Her name will be Purple Star.



Peri Kruger – Little Flower
Denali Expedition – Heron Tribe



“Yes, our greatness as a nation has depended on individual initiative, on a belief in the free market. But it has also depended on our sense of mutual regard for each other, of mutual responsibility. The idea that everybody has a stake in the country, that we're all in it together and everybody's got a shot at opportunity. Americans know this. We know that government can't solve all our problems - and we don't want it to. But we also know that there are some things we can't do on our own. We know that there are some things we do better together.”

~ President Barack Obama

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YOUR LETTERS

BRAVEHEART????

What do you do with 100 extra water balloons and 50 kids? Simple, 1) take an unsuspecting former expedition chief and convince him that putting on a tyvek suit and a protective helmet with shield is a good idea, 2) place him in the middle of a 30 foot diameter circle, 3) place kids around the circle and give each 2 water balloons, and 4)



let nature take its course. Bravery you ask? Well I'm sure there are many other adjectives you might come up with, but as extreme as this was, a simple act of insanity by one Dad brought happiness to every boy (and every dad who wasn't in the tyvek suit) at a recent Rocky Mountain Expedition Fall Campout.



The stooge....um..... volunteer was former Rocky Mountain Expedition Chief Andy DeBruler. The boys were precise with their efforts, much to Andy's disappointment as evidenced by some minor bruising he no doubt endured. Taking one for the team is a tremendous understatement. Regardless, his efforts gave everyone great memories of another fantastic Rocky Mountain campout. Andy was just happy this wasn't the winter campout. Thank you Andy !!!!



(Left) – Andy DeBruler just before the water balloon onslaught.

(Right) – Big Horn Tribe members taking aim during the water balloon launch contest



Rocky Mountain

Adventure Guides



Do you have a story or a picture to share of a special time in the Y-Adventure Guides and Princess Program? Contributors to the Pathfinder will receive a special "PATHFINDER" patch for their vest or special treat. Submit articles and pictures to Kevin Mooney @ moonpup@sbcglobal.net. Submissions should include author's name, program name, expedition, and tribe.

2009 - 2010 Lake Prairie Federation Officers

Federation Chief	Jim Erker
Asst. Federation Chief	Carl Shurboff
Federation Sage	Tom Palmieri
Compass Bearer	Kevin Shoemaker
Asst. Compass Bearer	Tim Garrity
Camp Scout	Ray Eby
Asst. Camp Scout	OPEN
Map Maker	Dan Makeever
Asst. Map Maker	OPEN
Outfitter	Dan Hacker
Asst. Outfitter	OPEN
Sentinel	Doug Renz
Asst. Sentinel	OPEN
Treasure Keeper	John LeHocky
Asst. Treasure Keeper	Matt Boyle
Web Spinner	John Holstrom
Asst. Web Spinner	Matt Nevel/Jeff Ritchie
Log Keeper	Dan Makeever
Messenger	Kevin Mooney
Flag Bearer	Kevin Mooney
Trail Blazers President	Kevin Shoemaker

If you are interested in participating in a Federation position, please contact any of the officers listed above for more information. This Program benefits greatly from the talents and commitment of the individuals listed above. Come share your talents and be a part a great team.